

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 OCTOBER				1 8:45 AM EXERCISE 10:00 AM FLOOR CURLING 1:00 PM EVACUATION DRILL	2 8:45 AM EXERCISE 1:30 PM RESIDENT LED MUSICAL JAM (FIREPLACE LOUNGE)	3 8:45 AM EXERCISE 2:00 PM RESIDENT LED GAMES W/ BRUCE BISTRO MULTI-PURPOSE ROOM
4 1:00 PM ANGLICAN 	5 8:45 AM EXERCISE 10:00 AM DUTCH SHUFFLEBOARD 3:00 PM BIRTHDAY PARTY ENTERTAINMENT BY "SECOND FIDDLE"	6 SCARCROW VOTING STARTS 8:45 AM EXERCISE 9:00 AM YOGA PAIN MANAGEMENT 10:00 AM FLOOR CURLING 2:00 PM RESIDENT/FAMILY MEETING	7 FOB CHECKS 8:45 AM EXERCISE 10:00 AM ATB BANK DAY 10:00 AM FALL DOOR CRAFT 2:00 PM COVER THE #	8 SANDI AWAY TODAY 8:45 AM EXERCISE 10:00 AM FLOOR CURLING 11:00 AM SENIORS' TECH PROGRAM TUCK SHOP OPEN 1:00 PM – 2:00 PM 2:00 PM PET VISIT 2:00 PM BINGO	9 8:45 AM EXERCISE 1:30 PM MOVIE & POPCORN	10 8:45 AM EXERCISE 10:00 AM SHUFFLEBOARD (SECOND FLOOR) W/ LAURIE MCKENZIE 2:00 PM RESIDENT LED GAMES W/ BRUCE BISTRO MULTI-PURPOSE ROOM
11 1:00 PM UNITED 		13 REF. VOTING DAY SCARCROW VOTING ENDS 8:45 AM EXERCISE 9:00 AM YOGA PAIN MANAGEMENT 10:00 AM FLOOR CURLING 11:00 AM LIBRARY HELP 2:00 PM JEOPARDY	14 8:45 AM EXERCISE 9:15 AM OLDS WALMART LUNCH @ TASTY THAI RESTAURANT	15 8:45 AM EXERCISE 10:00 AM FLOOR CURLING TUCK SHOP OPEN 1:00 PM – 2:00 PM 2:00 PM PET VISIT 2:00 PM BINGO	16 8:45 AM EXERCISE VACCINATION CLINIC TIME TO BE ANNOUNCED	17 8:45 AM EXERCISE 2:00 PM RESIDENT LED GAMES W/ BRUCE BISTRO MULTI-PURPOSE ROOM
18 1:00 PM McDOUGAL 	19 8:45 AM ARMCHAIR YOGA 9:00 AM EXERCISE 10:00 AM COVER THE # 2:00 PM HAPPY HOUR ENTERTAINMENT BY LOUIS	20 8:45 AM EXERCISE 9:00 AM YOGA PAIN MANAGEMENT 10:00 AM FLOOR CURLING 2:00 PM CONNECT 4	21 8:45 AM EXERCISE 10:30-11:30 AM MUSIC THERAPY 10:00 AM COFFEE W/ THE MAYOR 2:00 PM MUSIC TRIVIA	22 8:45 AM ARMCHAIR YOGA 9:00 AM EXERCISE 10:00 AM FLOOR CURLING TUCK SHOP OPEN 1:00 PM – 2:00 PM 2:00 PM BINGO	23 8:45 AM EXERCISE 1:30 PM RESIDENT LED MUSICAL JAM (FIREPLACE LOUNGE)	24 8:45 AM EXERCISE 10:00 AM SHUFFLEBOARD (SECOND FLOOR) W/ LAURIE MCKENZIE 2:00 PM RESIDENT LED GAMES W/ BRUCE BISTRO MULTI-PURPOSE ROOM
25 1:00 PM NAZARENE 	26 8:45 AM ARMCHAIR YOGA 9:00 AM EXERCISE 11:00 AM LUNCH @ TIVOLI RESTAURANT SPRUCE VIEW	27 8:45 AM EXERCISE 9:00 AM YOGA PAIN MANAGEMENT 10:00 AM FLOOR CURLING 11:00 AM LIBRARY HELP 2:00 PM CROSSWORD	28 8:45 AM EXERCISE 10:00 AM THE EDGE 2:00 PM HORROR MOVIE & CREEPY SNACKS	29 8:45 AM ARMCHAIR YOGA 9:00 AM EXERCISE 10:00 AM FLOOR CURLING TUCK SHOP OPEN 1:00 PM – 2:00 PM 2:00 PM PET VISIT 2:00 PM BATTY BINGO DRESS UP IN A COSTUME PRIZES	30 8:45 AM EXERCISE 1:30 PM MOVIE & POPCORN	31 8:45 AM EXERCISE 2:00 PM RESIDENT LED GAMES W/ BRUCE BISTRO MULTI-PURPOSE ROOM

ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE