

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

 <h1>JANUARY</h1>			<h2>Happy New Year Welcome 2026</h2>											
10:00 Church TV (M) 6:30 Chapel Services with Colin (M)	4	9:30 Exercises (L) 10:30 Music with KELLY (M) 2:00 Floor Curling (D)	5	9:30 BOCCE Ball (L) 10:30 Pin Bowling (U) 2:00 Resident & Family Meeting (D)	6	9:30 Exercises (L) 10:30 Bible Study (M) 2:00 BINGO (D) Happy Birthday Verda	7	9:30 CORN Hole (L) 10:30 Shuffleboard (U) 2:00 "ART THROBS" WINTER WONDERLAND Twig & paint project (L)	8	9:30 Exercises (L) 2:00 Mexican Train Dominos (B)	9	10:00 Knox United Church Coffee & Treats (B) 2:00 Pigeons & Crows (M)	10	
10:00 Church TV (M)	11	9:30 Exercises (L) 10:30 Music with KELLY (M) 2:00 POLAR Bowling (L)	12	9:30 BOCCE Ball (L) 10:30 PIN Bowling (U) 2:30 "Gifted Sisters" Entertainment (M)	13	9:30 Exercises (L) 10:30 Bible Study (M) 2:00 CARD BINGO (D) Happy Birthday Rejane	14	9:30 CORN Hole (L) 10:30 Shuffleboard (U) NOON East Coast Kitchen Party with a Special "JIGGS DINNER" 2:00 Armchair Travel to Canadas East Coast (M)	15	9:30 Exercises (L) 2:00 TABLE Hockey (M)	16	2:30 Atlantic Storm Entertainment (M) Happy Birthday Ingeborg	17	
10:00 Church TV (M) 6:30 Chapel Services with Paul (M)	18	9:30 Exercises (L) 10:30 Music with KELLY (M) 2:00 Floor Curling (D)	19	9:30 BOCCE Ball (L) 10:30 PIN Bowling (U) 2:00 North To "ALASKA" Winter Cruise (L)	20	9:30 Exercises (L) 10:30 Bible Study (M) 2:00 BINGO (D)	21	9:30 CORN Hole (L) 10:30 Shuffleboard (U) 2:30 RC Tracks Remote Control Cars (M)	22	9:30 Exercises (L) 2:00 Scrabble (B)	23	2:00 Carol's Ice Cream Cart (B)	24	
10:00 Church TV (M) 6:30 Swallwell Choir (M) Happy Birthday Elsie	25	9:30 Exercises (L) 10:30 Music with KELLY (M) 2:00 Resident Monthly Birthday Celebration (D)	26	9:30 BOCCE Ball (L) 10:30 PIN Bowling (U) 2:00 The GAME SHOWS 3-Peat (L)	27	9:30 Exercises (L) 10:30 Bible Study (M) 2:00 BINGO (D)	28	9:30 CORN Hole (L) 10:30 Shuffleboard (U) 2:30 "Murray Larson" Entertainment (M) Happy Birthday Ann	29	9:30 Exercises (L) 2:00 Pigeons & Crows (M)	30		31	

The Aspen Ridge Lodge Calendar is subject to change. Should you have any inquiries or suggestions please email the Activity Coordinator at michelle.maschke@mvsh.ca. Have fun, thank you and Happy New Year.

SUNDAY

MONDAY

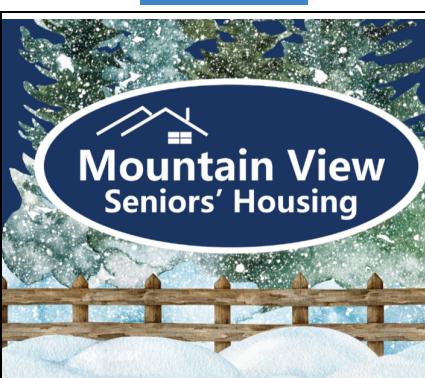
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



JANUARY



 <h1 data-bbox="492 179 1664 367">JANUARY</h1>												 <p data-bbox="2010 124 2392 255">Happy New Years, Welcome 2026!! STAT Holiday</p> <p data-bbox="2010 272 2392 479">  HAPPY NEW YEAR </p>	<p data-bbox="2408 124 3162 255"> 1 9:30 Exercises (L) 10:00 Knox Untied Church Coffee & Treats (B) 10:30 Nail Day (SLU) 2:00 Pigeons and Crows (M) </p> <p data-bbox="2803 124 3162 255"> 2 2:00 Carols Ice cream Cart (B) </p>
<p data-bbox="68 487 398 553"> 10:00 Church TV (M) 6:30 Chapel Service with Colin (M) </p>	<p data-bbox="398 487 460 553">4</p>	<p data-bbox="460 487 776 553"> 9:30 Exercises (L) 10:30 Music with Kelly (M) 2:00 Floor Curling (D) </p>	<p data-bbox="776 487 842 553">5</p>	<p data-bbox="842 487 1475 553"> 9:30 Bocce Ball (L) 10:30 Mental Aerobics (SLU) 2:00 Resident and Family Meeting (D) </p>	<p data-bbox="1475 487 1537 553">6</p>	<p data-bbox="1537 487 1853 553"> 9:30 Exercises (L) 10:30 Bible Study (M) 2:00 Bingo (M) </p>	<p data-bbox="1853 487 1915 553">7</p>	<p data-bbox="1915 487 2549 553"> 9:30 CORN Hole (L) 10:30 Exercises (SLU) 2:00 "ART THROBS" WINTER WONDERLAND Twig & paint project (L) </p>	<p data-bbox="2549 487 2614 553">8</p>	<p data-bbox="2614 487 2931 553"> 9:30 Exercises (L) 10:30 Armchair Travel (SLU) 2:00 Mexican Train Dominos (B) </p>	<p data-bbox="2931 487 3162 553">9</p>	<p data-bbox="3162 487 3192 553">January's Gemstone is a Garnet.</p>	
<p data-bbox="68 861 398 927"> 10:00 Church TV (M) </p> 	<p data-bbox="398 861 460 927">11</p>	<p data-bbox="460 861 776 927"> 9:30 Exercises (L) 10:30 Music with Kelly (M) 2:00 Polar Bowling (L) </p>	<p data-bbox="776 861 842 927">12</p>	<p data-bbox="842 861 1475 927"> 9:30 Bocce Ball (L) 10:30 Music and Movement (SLU) 2:30 "Gifted Sisters" Entertainment (M) </p>	<p data-bbox="1475 861 1537 927">13</p>	<p data-bbox="1537 861 1853 927"> 9:30 Exercises (L) 10:30 Bible Study (M) 2:00 CARD Bingo (M) </p>	<p data-bbox="1853 861 1915 927">14</p>	<p data-bbox="1915 861 2549 927"> 9:30 CORN Hole (L) 10:30 Sensory Stimulation (SLU) NOON East Coast Kitchen Party with a Special "JIGGS DINNER" 2:00 Armchair Travel to Canadas EAST COAST(M) </p>	<p data-bbox="2549 861 2614 927">15</p>	<p data-bbox="2614 861 2931 927"> 9:30 Exercises (L) 10:30 Parachute (SLU) 2:00 Table Hockey (M) </p>	<p data-bbox="2931 861 3162 927">16</p>	<p data-bbox="3162 861 3192 927">2:00 Carols Ice cream Cart</p>	
<p data-bbox="68 1235 398 1300"> 10:00 Church TV (M) 6:30 Chapel Service with Paul (M) </p>	<p data-bbox="398 1235 460 1300">18</p>	<p data-bbox="460 1235 776 1300"> 9:30 Exercises (L) 10:30 Music with Kelly (M) 2:00 Floor Curling (D) </p>	<p data-bbox="776 1235 842 1300">19</p>	<p data-bbox="842 1235 1475 1300"> 9:30 Bocce Ball (L) 10:30 Arts and Crafts (SLU) 2:00 North to "ALASKA" Winter Cruise (L) </p>	<p data-bbox="1475 1235 1537 1300">20</p>	<p data-bbox="1537 1235 1853 1300"> 9:30 Exercises (L) 10:30 Bible Study (M) 2:00 Bingo (M) </p>	<p data-bbox="1853 1235 1915 1300">21</p>	<p data-bbox="1915 1235 2549 1300"> 9:30 CORN Hole (L) 10:30 Name that Tune (SLU) 2:30 RC Tracks Remote Control Cars (M) </p>	<p data-bbox="2549 1235 2614 1300">22</p>	<p data-bbox="2614 1235 2931 1300"> 9:30 Exercises (L) 10:30 Wheel of Fortune (SLU) 2:00 Scrabble (B) </p>	<p data-bbox="2931 1235 3162 1300">23</p>	<p data-bbox="3162 1235 3192 1300">January's Birth Flower is a Carnation.</p>	
<p data-bbox="68 1609 398 1674"> 10:00 Church TV (M) 6:30 Swalwell Choir (M) </p>	<p data-bbox="398 1609 460 1674">25</p>	<p data-bbox="460 1609 776 1674"> 9:30 Exercises (L) 10:30 Music with Kelly (M) 2:00 Resident Monthly Birthday Celebration! (D) </p>	<p data-bbox="776 1609 842 1674">26</p>	<p data-bbox="842 1609 1475 1674"> 9:30 Bocce Ball (L) 10:30 Painting (SLU) 2:00 The GAME SHOWS 3-Peat (L) </p>	<p data-bbox="1475 1609 1537 1674">27</p>	<p data-bbox="1537 1609 1853 1674"> 9:30 Exercises (L) 10:30 Bible Study (M) 2:00 Bingo (M) </p>	<p data-bbox="1853 1609 1915 1674">28</p>	<p data-bbox="1915 1609 2549 1674"> 9:30 CORN Hole (L) 10:30 Coffee and Chat (SLU) 2:30 "Murray Larson" Entertainment (M) </p>	<p data-bbox="2549 1609 2614 1674">29</p>	<p data-bbox="2614 1609 2931 1674"> 8:00 Breakfast Club (SLU) 9:30 Exercises (L) 10:30 News and Views (SLU) 2:00 Movie Afternoon (M) </p>	<p data-bbox="2931 1609 3162 1674">30</p>	<p data-bbox="3162 1609 3192 1674">2:00 Carols Ice cream Cart</p>	