

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Chair Yoga (U) 1 10:30 Shuffleboard (U) 1:30 Scarecrow Competition Build Day (L)	10:00 Knox United Church Coffee & Treats (B) 2 1:30 Sips & Stories (B) Down the Rabbit hole to WONDERLAND!	10:00 Coffee Chatter (B) 3 <u>Resident Facilitated</u> 2:00 Corn hole (L) <u>Resident Facilitated</u>
6:00 Out & About Didsbury 4 ZION Church for Musical Concert by the New West Symphony & Chorus Lions bus is booked and some reserved seating will be available please see the sign up sheet on Main or talk to Michelle. This is a free event.	10:00 Pila-Chi Exercises (U) 5 10:30 Music with Kelly(M) 2:00 Resident & Family Meeting (M)	10:00 Chair Yoga (U) 6 10:30 Pin Bowling (U) 2:00 "Sentimental Journey" Board Game & Beverages (B)	10:00 Pila-Chi Exercises (U) 7 10:30 Bible Study (M) WELCOME TO WONDERLAND !! 2:00 DESSERT first event!! 2:30 MAD HATTERS TEA with the Foothills Centennial Fiddlers Wear your MAD HATS ! WELCOME TO WONDERLAND Special Theme SUPPER	9:30 Out & About to Sundre 8 Autumn Walk at the new Forest Nature Board Walk with friends from the Sundre Lodge then "Friendsgiving" lunch & tour at the Sundre Lodge Please see sign up sheet on Main this is a free event with a hot lunch at the Sundre Lodge	10:00 NEW PROGRAM Drum/Sing (L) 9 1:30 Passport Travel & Trivia to TURKEY(B)	10:00 Coffee Chatter (B) 10 <u>Resident Facilitated</u> 2:00 Corn hole (L) <u>Resident Facilitated</u>
10:00 Church TV with Diane (M) 11 2:00 Gospel Phill Hymn Sing (M)	Statutory Holiday 12 HAPPY THANKSGIVING	10:00 Chair Yoga (U) 13 10:30 Pin Bowling (U) 2:00 Craft Afternoon (L) Painted Puzzle PUMPKINS	10:00 Pila-Chi Exercises (U) 14 10:30 Bible Study (M) 2:00 BINGO (D)	Flu Vaccination Clinic 15 9am - noon (L) 10:00 Chair Yoga (U) 10:30 Shuffleboard (U) 2:30 Entertainment with Heart Strings (M)	10:00 NEW PROGRAM Line Dance (L) 16 10:30 Coffee & Colors (B) A collaborative art project 1:30 Skee Ball (L)	10:00 Coffee Chatter (B) 17 <u>Resident Facilitated</u> 2:00 Corn hole (L) <u>Resident Facilitated</u>
 6:30 Chapel Service with Pastor Paul MVE Church (M) 18	10:00 Pila-Chi Exercises (U) 19 10:30 Music with Kelly(M) 2:00 Lane Bowling (L)	10:00 Chair Yoga (U) 20 10:30 Pin Bowling (U)(U) 2:00 Movie on Main (M) Showing: "ADDAMS Family"	10:00 Pila-Chi Exercises (U) 21 10:30 Bible Study (M) 2:00 BINGO (D)	10:00 Chair Yoga (U) 22 10:30 Shuffleboard (U) 2:30 Entertainment by Murray Larson (M)	10:00 Drum/Sing (L) 23 1:30 Sips & Stories (B) Haunted Humor & Ghastly Giggles	10:00 Coffee Chatter (B) 24 <u>Resident Facilitated</u> 2:00 CAM-LO Studio Student Halloween Recital & Refreshments (M) Happy Birthday Isabelle
10:00 Church TV with Diane (M) 25	10:00 Pila-Chi Exercises (U) 26 10:30 Music with Kelly(M) 2:00 Floor Curling (M)	10:00 Chair Yoga (U) 27 10:30 Pin Bowling (U)(U) 12:30 Out & About To Olds Walmart Shopping Trip see sign up sheet on Main	10:00 Pila-Chi Exercises (U) 28 10:30 Bible Study (M) 2:00 BINGO(D)	10:00 Chair Yoga (U) 29 10:30 Shuffleboard (U) 1:30 Building Halloween Candy Bags & Book marks for handing out on Halloween (L)	10:00 Line Dance (L) 30 10:30 Coffee & Colors (B) A collaborative art project 2:30 Entertainment Annual Country Friends Halloween Costume party (M)	10:00 Coffee Chatter (B) 31 <u>Resident Facilitated</u> 2:00 Corn hole (L) <u>Resident Facilitated</u> 3:00-8pm Main Entrance Halloween candy day for the Trick or Treaters see sign up for shifts on main bulletin board

From time to time there may be Gremlins so this calendar is subject to change. Should you have any inquiries or suggestions please email the Activity Coordinator, michelle.maschke@mvsh.ca. Have fun and enjoy!