





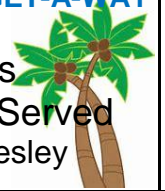





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Start your day GREAT! Join us for Morning Chair Exercise At 8:30am Every day Monday's Thru Saturday's</p> 	<p>1 2018 HAPPY NEW YEAR New Year's Day</p> 	<p>2 9:00am Hall Bingo 10:00am Bank Day. (Westview Conference Room) 10:00am Pin Bowling (2nd Floor Lounge) 2:30pm Resident & Family Meeting (Main Dining Room) 3:00pm Coffee Hour (Bistro) Cindy Away!</p>	<p>3 8:30am Exercise 10:00am Bean Bag Toss (Bistro Lounge) 1:00pm Sundre Library Visit 2:00pm 100 Dice Game (Bistro Lounge) 6:00pm Card/ Cribbage Game (3rd Floor Lounge) Cindy Away!</p> 	<p>4 9:00am Hall Bingo 10:00am Dutch Shuffle Board (Bistro Lounge) 1:30pm Beltone Hearing (Courtyard Conference Room) 2:00pm Bingo with Grace (Main Dining Room) 3:00pm Coffee Hour (Bistro) Cindy Away!</p>	<p>5 8:30am Exercise 9:30am Snowflake Search 10:30am Bible Study (2nd Floor Quiet Room) 2:00pm Film Friday & snacks (TV Room) Cindy Off Today!</p>	<p>6 8:30am Exercise (Exercise Room) 10:00am Residents Shuffleboard (2nd Floor Lounge)</p>	
<p>7 10:00am Catholic Communion (2nd Floor Quiet Room) 2:00pm Anglican Church Service (Main Dining Room Lounge)</p>	<p>8 10:00am Christmas Clean up with Ladies Auxiliary 2:00pm Entertainment by Myrna Eddy (Piano Lounge) 3:00pm Monday Sundaes (Bistro) 6:00pm Reading with Annette (Piano Lounge)</p>	<p>9 9:00am Hall Bingo 10:00am X-Box Bowling (TV Room) 2:00pm Hand Spa (Bistro Lounge) 3:00pm Coffee Hour (Bistro) Sheila's Foot Care</p>	<p>10 8:30am Exercise 10:00am Bean Bag Toss (Bistro Lounge) 2:00pm United Church Coffee Party (Family Dining Room) 6:00pm Card/ Cribbage Game (3rd Floor Lounge) Sheila's Foot Care</p>	<p>11 Josie R.  9:00am Hall Bingo 10:00am Fact or Fiction Trivia Game (Bistro Lounge) 2:00pm Bingo with Grace (Main Dining Room) 3:00pm Coffee Hour (Bistro) Wear BLUE DAY! Sheila's Foot Care</p>	<p>12 8:30am Exercise 9:30am Snowflake Search 10:30am Bible Study (2nd Floor Quiet Room) 2:00pm Film Friday & snacks (TV Room) Cindy Off Today! Sheila's Foot Care</p>	<p>13 8:30am Exercise (Exercise Room) 10:00am Residents Shuffleboard (2nd Floor Lounge)</p>	
<p>14 10:00am Catholic Communion (2nd Floor Quiet Room) 2:00pm Nazarene Church Service (Main Dining Room Lounge)</p>	<p>15 10:00am Pin Bowling (2nd Floor Lounge) 2:00pm Residents Birthday Party & Entertainment by Murray Larsen (Main Dining Room) 6:00pm Reading with Annette (Piano Lounge) Martin Luther King Day</p>	<p>16 9:00am Hall Bingo 10:00am My Ship Sails Card Game 11:30am Bus Trip Osaka Japanese Restaurant. Lunch out 2:00pm Arm Chair Travel (TV Room) 3:00pm Coffee Hour (Bistro) </p>	<p>17 Guest RSVP Cutoff day! 8:30am Exercise 10:00am Bean Bag Toss (Bistro Lounge) 1:00pm Sundre Library Visit 2:30pm Hot Chocolate Bar & Social (Bistro) </p>	<p>18 9:00am Hall Bingo 10:00am Target Shuffleboard (2nd Floor) 2:00pm Bingo with Grace (Main Dining Room) 3:00pm Coffee Hour (Bistro)</p>	<p>19 8:30am Exercise 9:30am Snowflake Search 10:30am Bible Study (2nd Floor Quiet Room) 2:00pm Film Friday & snacks (TV Room) Cindy Off Today!</p>	<p>20 8:30am Exercise (Exercise Room) 10:00am Residents Shuffleboard (2nd Floor Lounge)</p>	
<p>21 10:00am Catholic Communion (2nd Floor Quiet Room) 2:00pm McDougal Chapel Service (Main Dining Room Lounge)</p>	<p>22 10:00am Pin Bowling (2nd Floor Lounge) 2:00pm Entertainment by Prairie Wool (Piano Lounge) 3:00pm Ice Cream Cart (Bistro) 6:00pm Reading with Annette (Piano Lounge)</p>	<p>23 9:00am Hall Bingo 10:00am Floor Curling (Bistro Lounge) 2:00pm Hand Spa (Bistro Lounge) 3:00pm Coffee Hour (Bistro)</p>	<p>24 10:00am Bean Bag Toss (Bistro Lounge) 2:00pm Wheel A Fortune Game (Bistro Lounge) 6:00pm Card/ Cribbage Game (3rd Floor Lounge)</p>	<p>25 9:00am Hall Bingo 10:00am Penny, Cards, & Dice Game 2:00pm Bingo with Grace (Main Dining Room) 3:00pm Coffee Hour (Bistro)</p>	<p>26 9:30am Snowflake Search 10:30am Bible Study (2nd Floor Quiet Room) BLUE HAWAIIAN GET-A-WAY PARTY 5:00pm Cocktails  5:30pm Supper Served followed by Elvis Presley Australia Day</p>	<p>27 8:30am Exercise (Exercise Room) 10:00am Residents Shuffleboard (2nd Floor Lounge)</p>	
<p>28 10:00am Catholic Communion (2nd Floor Quiet Room) 2:00pm Bergen Church Service (Main Dining Room Lounge)</p>	<p>29 10:00am Pin Bowling (2nd Floor Lounge) 2:00pm Entertainment by Carol Gorsline (Piano Lounge) 3:00pm Ice Cream Cart (Bistro) 6:00pm Reading with Annette (Piano Lounge)</p>	<p>30 9:00am Hall Bingo 10:00am "Paper Tag" Get to know your Neighbour Game (Bistro Lounge) 2:00pm Po-Ke-No Bingo (Bistro Lounge) 3:00pm Coffee Hour (Bistro)</p>	<p>31 8:30am Exercise  10:00am Bean Bag Toss (Bistro Lounge) 1:00pm Sundre Library Visit 2:30pm Bus Trip – Tim Hortons Coffee & Treats 6:00pm Card/ Cribbage Game (3rd Floor Lounge) Tu B'Shevat </p>	<p>JANUARY 2018 Sundre Seniors Supportive Living Lodge Activity Calendar</p> 			

Events & Activities are subject to change without notice. See other Calendars for more Activities **Doctors office OPEN every Tuesday- Call 403-638-4433 for an Appointment**