

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2018

## Aspen Ridge Lane

						
3	4	5	6	7	8	9
6:00- Church Service: <b>West Zion Mennonite</b>	10:30- Morning Stretches & Cranium Crunches 2:00- Ice Cream Social	9:30- Morning Walks 10:30- Reading Circle 2:00- Pigeons and Crows 6:00- Didsbury Car Club "Get Fueled" (Front of Lodge)	10:30- Bingo 2:00- Dart Ball 2:30- Comedy Corner	9:30- Game Show! 10:30- Handi-Lane Bowling 1:15- Music with Kelly	10:30- Pin Bowling 1:30- Board Games	2:00- Ice Cream Cart
10	11	12	13	14	15	16
6:00- Church Service: <b>Carstairs United</b>	10:30- Morning Stretches & Cranium Crunches 2:00- Entertainment: Miriam Dreher	9:30- Morning Walks 10:30- News & Views 2:00- Pigeons and Crows	10:30- Crafty Corner 2:00- Balloon Badminton 2:30- Snack and Chat with Baked Loaf	9:30- Game Show! 10:30- Handi-Lane Bowling 2:00- Picture This! <small>Flag Day (US)</small>	10:30- Pin Bowling 1:30- Board Games	2:00- Ice Cream Cart
17	18	19	20	21	22	23
6:00- Church Service: <b>Cremona Congregational</b> <small>Father's Day</small>	10:30- Morning Stretches & Cranium Crunches 2:00- Entertainment: Harmony Cats	9:30- Morning Walks 10:30- Political Cartoon 1:30- Outing: Picnic in the Park!	2:00- Ball Toss 2:30- Fruit on the Patio	9:30- Game Show! 10:30- Handi-Lane Bowling 2:00- Aboriginal Day Celebration (M) <small>Summer Begins</small>	10:30- Pin Bowling 1:30- Board Games	2:00- Ice Cream Cart
24	25	26	27	28	29	30
6:00- Church Service: <b>Bethel EMC</b>	10:30- Morning Stretches & Cranium Crunches 2:00- Entertainment: Not Exactly Serious	9:30- Morning Walks 10:30- Reading Circle 2:00- Pigeons and Crows	10:30- History of the Milkman 2:00- Washer Toss 2:30- Ice Cream Floats	9:30- Game Show! 10:30- Handi-Lane Bowling 2:00- Music with Kelly	10:30- Pin Bowling 2:00- Birthday Tea	2:00- Ice Cream Cart

Contact the Recreation/Activity Department at 403-335-9848 ext. 4016/4017 with questions or concerns. ( )=On unit (L)=Lower Level (U)=Upper Level (M)=Main Level (P)=Patio

**BREAKING NEWS!**

*This heat wave is brutal!  
Not only is it hot enough to fry  
an egg on the sidewalk, but  
you can use your mailbox  
as a toaster oven.*



### Important Messages:

- **Happy Seniors' Week!** Celebrating our residents from **June 3<sup>rd</sup> to the 9<sup>th</sup>**! Please look at the calendar for all the fun activities and events!
- **National Indigenous Peoples Day** is on **June 21<sup>st</sup>**!

### NOW I WALK IN BEAUTY

Now I walk in beauty  
Beauty is before me  
Beauty is behind me  
Above and below me

Traditional Navajo Prayer