



March 29, 2020

Mountain View Seniors' Housing (MVSH)

#301, 6501 - 51st Street, Olds, Alberta T4H 1Y6

Phone: 403-556-2957, Fax: 587-796-0773,

www.mvsh.ca

To MVSH Staff, Residents and Family Members

THE CURRENT SITUATION/RISK IN ALBERTA

- The World Health Organization has declared a global pandemic of COVID-19. MVSH continues to implement our Pandemic Plan. There continues to be multiple cases of COVID-19 within Alberta.
- As of **today, in Alberta there are 661 cases and 3 deaths have been confirmed**. These cases are detected in every zone of the province. Aggressive public health measures continue in order to help limit the spread of COVID-19. **There are NO COVID-19 cases for MVSH.**
- To protect the health and safety of Albertans, law enforcement agencies have been granted full authority to enforce public health orders and issue fines.

DESIGNATED ESSENTIAL VISITOR RESTRICTIONS IN EFFECT

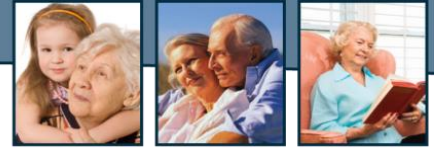
- **Designated Essential Visitors** are defined as those providing care necessary for the well-being of the resident and visitors attending to a resident who is dying. Designated Essential Visitors are restricted to one at a time and those visitors must be immediate family or designated support persons only.
- Designated Essential Visitors must comply with active screening measures **including a temperature check for fever** and those who fail screening or who refuse screening will not be permitted to enter. No other visitors will be permitted to enter our residences; instead they will be asked to keep in touch with loved ones by phone or other technologies, as available. Essential Visitor restrictions are now being implemented at our 12 Senior Self-Contained (SSC) Manors located across all our Mountain View Seniors' Housing (MVSH) communities.

WHAT WE ARE DOING AT MOUNTAIN VIEW SENIORS' HOUSING (MVSH)

- MVSH started March 13 with implementing our Pandemic Plan in response to the COVID19 Pandemic. MVSH has NO COVID-19 cases. To be current, please check our website at www.mvsh.ca for the latest update and record of past notices and [press releases](#).
- **EFFECTIVE IMMEDIATELY** All residents who choose to leave the building for any reason must go into a 10-day self-isolation in their suite for the protection of the other residents in the lodge. We are also applying social distancing practices inside all our Lodges for resident activities and meals.
- We are continuing to monitor any staff with illness or querying illness and have taken numerous precautions to have those staff at home self-isolating. We continue to implement recommendations from the province on what criteria our staff should be taking to minimize risk. We are utilizing tools and screening processes to help facilitate this process to ensure our staff are fit to work in our facilities.
- We are now working with Alberta Health Services (AHS) and transition services more closely under AHS direction to support the province with managing and expediting patient transfers from acute care to community settings.
- All MVSH measures are in alignment with directives and guidelines received to date. We continue to be proactive and do prevention where we can to not only keep up but to try and be one step ahead, if possible.

STAFF UPDATES

- **All STAFF entering our lodges MUST enter through the central doors and checkpoint and complete a temperature check and screening questionnaire to ensure they are fit to work.**



- All staff returning from international travel should get clearance from our HR department before returning to work after self-isolating for 14 days, even if they don't have symptoms. If an employee is questioning illness,
- The Self-assessment tool on Alberta Health Services website can be utilized to monitor your symptoms and will help you determine your need to be tested for COVID-19. Click here to access: [COVID-19 self-assessment tool](#)

MORE INFORMATION

- The latest updates from the Alberta Health and Wellness and Alberta Health Services can be found here: [Alberta Health and Wellness COVID-19 Updates](#), [Alberta Health Services COVID-19 information page](#), [How to Social Distance and reduce the spread of Infection](#) [How to self-isolate:](#)
- Starting March 23, the Alberta Connects Contact Centre will be available seven days a week, from 8 a.m. to 8 p.m. Albertans can call toll-free from anywhere in the province by dialing 310-4455 for general information about the Government of Alberta and its response to COVID-19, or for help contacting individual program areas.
- Alberta Health Services (AHS) has boosted its service to help Albertans should they need to speak with someone about mental health concerns.
- If Albertans call the Mental Health Help Line at 1-877-303-2642 or the Addiction Help Line at 1-866-332-2323 between 7 a.m. and 11 p.m., seven days a week, they will be connected directly to a dedicated team of AHS addiction and mental health staff.

Questions or concerns can be directed to:

- For Essential Visitor related matters:
Niki Luft, Manager of Housing and Admissions at 403556-2957 or niki.luft@mvsh.ca
- For Staff Related Matters:
Leslie Clarke, Director of Employee Engagement at 403-556-2957 or leslie.clarke@mvsh.ca
- For Health-Related Matters:
Fritz Latimer, DOC/RN Educator at 403-507-5920 or fritz.latimer@mvsh.ca
- For all other Matters:
Sam Smalldon, Chief Administrative Officer at 403-556-2957 or sam.smalldon@mvsh.ca

All Pandemic Plan precautions are intended to limit our exposure and prevent a COVID-19 outbreak within our continuing care lodges. Thank you to everyone for your cooperation in protecting our vulnerable residents and staff. If you have any questions or concerns, please feel free to contact us. [#AlbertaCares](#), [#MVSHCares](#)

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