



March 22, 2020

To MVSH Staff, Residents and Family Members

Mountain View Seniors' Housing
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THE CURRENT SITUATION/RISK IN ALBERTA

The World Health Organization has declared a global pandemic of COVID-19. MVSH continues to implement our Pandemic Plan. There continues to be multiple cases of COVID-19 within Alberta: As of **March 22, 2020, there are 259 cases in Alberta**, 1 death has been confirmed. These cases are detected in every zone of the province. Aggressive public health measures continue in order to help limit the spread of COVID-19.

As staff, residents and members of the general population of Alberta, we must now more than ever practice social distancing from one another and take every precaution to reduce the chance of spreading this virus. We must each take a step to understand and practice this. Here is a link to help understand this concept:

[How to Social Distance and reduce the spread of Infection](#)

If you are feeling unwell you must take the necessary precautions of practicing self isolation. Here is a link to understand how to self isolate:

[How to self isolate](#)

Take these measures seriously and do your best to limit your social interactions and practice social distancing. Wash your hand frequently.

ESSENTIAL VISITOR RESTRICTIONS EFFECTIVE IMMEDIATELY

[Essential visitors](#) are defined as those providing care necessary for the well-being of the resident and visitors attending to a resident who is dying. Essential visitors are restricted to one at a time and those visitors must be immediate family or designated support persons only. Our Alberta Chief Medical Officer of Health has directed continuing care operators to restrict access and requires us to ensure that only essential visitors be permitted into our residences. These essential visitor restrictions are now being implemented at our 12 Senior Self-Contained (SSC) Manors located across all of our Mountain View Seniors' Housing (MVSH) communities. Visitors to these facilities will now be screened at one point of entry and must comply with the same measures as in the lodges.

Essential visitors must comply with active screening measures, and those who fail screening or who refuse screening will not be permitted to enter. No other visitors will be permitted to enter our residences; instead they will be asked to keep in touch with loved ones by phone or other technologies, as available.

WHAT WE ARE DOING AT MOUNTAIN VIEW SENIORS' HOUSING (MVSH)

As you should now be aware, MVSH has started March 13 with implementing our Pandemic Plan in response to the COVID-19 Pandemic. MVSH has NO COVID-19 cases. To be current, please check our website at www.mvsh.ca for the latest update and record of past notices and [press releases](#).

We are continuing to monitor any staff with illness or querying illness and have taken numerous precautions to have those staff at home self-isolating. We continue to implement recommendations from the province on what criteria our staff should



be taking to minimize risk. We are utilizing tools and screening processes to help facilitate this process to ensure our staff are fit to work in our facilities.

We are now working with Alberta Health Services (AHS) and transition services more closely under AHS direction to support the province with managing and expediting patient transfers from acute care to community settings.

All MVSH measures are in alignment with directives and guidelines received to date. We continue to be proactive and do prevention where we can to not only keep up but to try and be one step ahead, if possible.

STAFF UPDATES

All staff returning from international travel should get clearance from our HR department before returning to work after self isolating for 14 days, even if they don't have symptoms. If an employee is questioning illness, they need to call Health Link at 811, inform their supervisor and check in with the HR department PRIOR to their shift. A Self assessment tool on Alberta Health Services website can be utilized to monitor your symptoms and will help you determine your need to be tested for COVID-19.

Click here to access: [COVID-19 self assessment tool](#)

MORE INFORMATION

The latest updates from the Alberta Health and Wellness and Alberta Health Services can be found here:

[Alberta Health and Wellness COVID-19 Updates](#)
[Alberta Health Services COVID-19 information page](#)

Starting March 23, the Alberta Connects Contact Centre will be available seven days a week, from 8 a.m. to 8 p.m. Albertans can call toll-free from anywhere in the province by dialing 310-4455 for general information about the Government of Alberta and its response to COVID-19, or for help contacting individual program areas.

Questions or concerns can be directed to:

- For Essential Visitor related matters Niki Luft, Manager of Housing and Admissions at 403556-2957 or niki.luft@mvsh.ca
- For Staff Related Matters-Leslie Clarke, Director of Employee Engagement at 403556-2957 or leslie.clarke@mvsh.ca
- For Health-Related Matters- Fritz Latimer, DOC/RN Educator at 403-507-5920 or fritz.latimer@mvsh.ca
- For all other Matters- Sam Smalldon, Chief Administrative Officer at 403-556-2957 or sam.smalldon@mvsh.ca

All Pandemic Plan precautions are intended to limit our exposure and prevent a COVID-19 outbreak within our continuing care lodges.

Thank you to everyone for your cooperation in protecting our vulnerable residents.
If you have any questions or concerns, please feel free to contact us. #AlbertaCares

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Our Vision - We enhance lives by providing quality care and self-sustainable living through innovative leadership.

